

Name: \_\_\_\_\_  
 Team: \_\_\_\_\_



## January 2018- 150,000 Step Tracker Log

Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Weekly Total
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				<b>Total Monthly Steps</b>

**Congratulations on completing your log sheet!** Please return your completed Step Tracker Log to your team captain by the end of the month if you have met the goal of walking 150,000 steps. The monthly total must be added completely to be counted for steps.